

In Good Health



The Council, in collaboration with the Bellbrook Sugarcreek Park District, is presenting the “In Good Health” series at the Park District’s Community Center, 2751 Washington Mill Rd from 2:30 to 4:00pm. Reservations are required and can be made by contacting the Council at 937-376-5486 or yourfriends@gccoa.org .

- ◇ Wed, Oct 6th – *What You Need to Know About Medicare Open Enrollment*, Susan Allen, Benefits Specialist GCCOA
- ◇ Wed, Oct 13th – *Medication Safety Tips for Older Adults*, Lisa Eckley, RN, Co-Founder of Buckeye Home Health Care
- ◇ Wed, Oct 20th – *Slips, Trips & Falls: Considerations for Preventing Falls*, Jeff Schairbaum, Education & Outreach Liaison GCCOA