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| GCCOA TEAM |

Resource Coordinator: Pam Dorsten
Resource Associate: Eileen Babineau
Benefits Specialist: Susan Allen
Senior & Family Support Manager:
Fonda Setters
Partners In Care Managers:
Roy Cottongim, Carol Kunze,
Lynn Martin, Erica Morrow,
Maureen McCarthy-Magill, Matthew
Murphy, Caroline Mullin, Daejanna
Preston, Lisa Quesne, Jamie Rath,
Paige Redd, Kathy Schmaltz,
Melissa Woehrman
Kinship Liaison & Wellness
Coordinator: Susan Finster
Education & Outreach Liaison:
Jeff Schairbaum
Community Liaison: Carol Kunze
Senior Center Liaison: Tim Brickey
Senior Center Associates:
Diane Hollenbeck (Jamestown),
Lynn Wicker (Bellbrook)
Fiscal Manager: Steve Benson
Financial Advocate: Ken Richardson
Executive Director: Karen Puterbaugh



Annual Report 2019

Last year was a busy year, filled with love, laughter, outreach, education, assistance, people, and hugs.

Winston Churchill said “We make a living by what we get. We make a life by what we give.” To those of us at the Council, our partners and volunteers, this is more than a job. Helping seniors to survive and thrive, to navigate a complex life, to exercise their bodies and brains, to learn and engage and enjoy, is the mission of all of us. We helped caregivers with physical assistance and emotional support. Elders raising grandchildren and other relatives found hope, direction, and aid.

The 2019 year included Medicare information and practical assistance, Brain & Memory events, Euchre tournaments, and programs to improve health. Creativity, crafts, art and music helped seniors express themselves. A big concern for all seniors is isolation and depression; the county’s Senior Centers provide many opportunities to connect and make new friends. The Council aims to keep seniors active and engaged. §

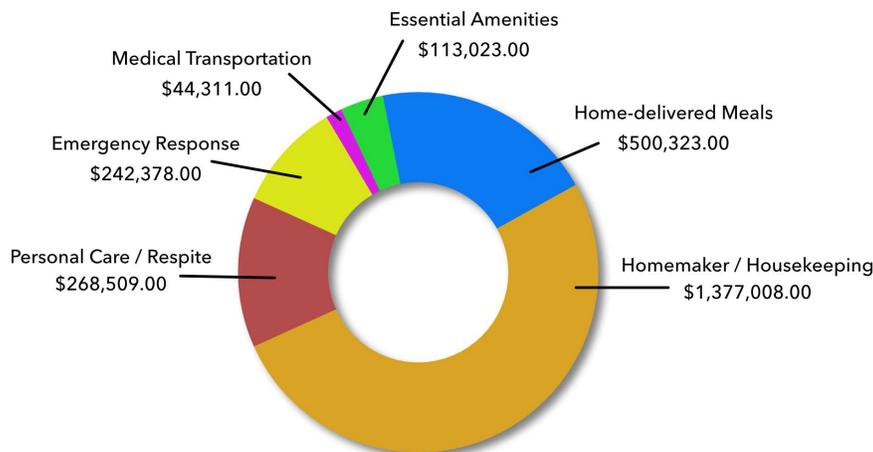
Unexpected kindness is the most powerful, least costly, and most underrated agent of human change. —Rob Kearey

Our Team also includes more than 150 volunteers who help with activities, tasks and programs. We couldn’t do it without them.

GCCOA Statement of Activities

Years Ended December 31, 2019 and 2018

	<u>2019</u>	<u>2018</u>
<i>Changes in unrestricted net assets:</i>		
Revenue and support:		
Greene County Senior Services Levy	\$5,545,397	\$5,521,656
Interest income	155,874	79,108
Change in fair value of interest		
Greene County Community Foundation	57,218	(32,850)
Service fees	363,844	386,270
Grant revenue	202,248	189,016
Contributions	119,990	40,999
Other income	8,131	8,946
Net assets released from restrictions	<u>250,000</u>	<u>-</u>
Total revenue and support	6,702,702	6,193,145
Expenses:		
Program services	5,423,392	5,246,133
General and administrative	156,070	156,409
Fundraising	<u>32,345</u>	<u>28,298</u>
Total expenses	5,611,807	5,430,840
Change in unrestricted net assets	1,090,895	762,305
<i>Changes in net assets with donor restrictions:</i>		
Bequest	-	250,000
Net assets released from restrictions	<u>(250,000)</u>	<u>-</u>
Change in net assets with donor restrictions	(250,000)	250,000
Change in net assets	840,895	1,012,305
Net assets, beginning of year	<u>8,088,885</u>	<u>7,076,580</u>
Net assets, end of year	<u>\$8,929,780</u>	<u>\$8,088,885</u>



2019 Statistics

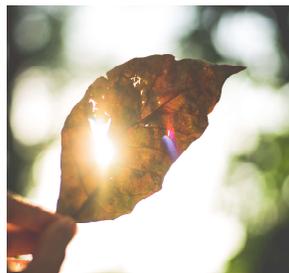
Partners In Care (PIC) Referrals: 1,105
 Contract Providers: 36
 Grab Bar Installations (households): 283
 Number of Seniors Served (monthly average): 1,138
 Care Plan Cost (monthly average): \$258

Seniors Served in 2019: 1,684

Medicare Assistance: 2,608 phone calls, 417 emails, 212 in-person
 Medicare, Prescription Plans & Advantage Plans: Documented Savings of \$218,985
 Medicare 101 Attendees: 148

Educational Presentations: 55, with 510 participants

Senior Center Grants: \$1,032,275 §



A Caregiver's Story

When Betty Birgner's husband Carl passed away in early 2015, their only child Phyllis Howard began helping her mother. Phyllis was caring full-time for her son who had many health issues; he died from complications of childhood diabetes in summer 2015. As time passed, Phyllis spent more time at Betty's house on most days. In 2017 Phyllis moved in with Betty to care for her 24/7, leaving her husband behind with their three daughters.

Tragically, one of their daughters died in 2017, yet despite her grief, Phyllis remained the steadfast caregiver of her mother.



In 2019, Betty broke her hip in a fall and spent time in rehab. She returned home but was diagnosed with middle stage Alzheimer's disease. Phyllis reached out for help: through GCCOA, Phyllis and Betty received respite and home delivered meals. Phyllis elected to have 6 hours off on Fridays. This chunk of time gave Phyllis relief from caregiving and allowed her time to reconnect with her husband, two remaining children and her grandchildren. This was important for Phyllis, her husband, and those family members because they had suffered so many significant losses in a short period of time and there was still much healing to be done.

Betty died in February 2020 at age 91. Because of the support from GCCOA, Phyllis was able to care for her mother while keeping herself grounded and connected to her precious family. We believe that if Phyllis had not had the respite care, she might have had her own health crises and Betty would have been placed in long term care. Phyllis said "Taking care of someone with Alzheimer's is unbelievably hard. It took my life away for a few years. I couldn't have done it if it weren't for the help I received in the last year of her life." §

Stories of Caring

Essential Partnerships

This is the story of the partnership between Lewis Anderson, 92, better known as Louie, and his Xenia family and community. The Council met Louie in 2006, when he was caring for his wife, providing services and support. After his wife moved to a nursing facility, Louie visited his wife nearly every day, going to feed her lunch and often taking homemade soups or treats to the nursing staff. Their three children helped Louie, while the Council provided a homemaker and ERS (emergency response system). The VA also

supported Louie, especially in recent years as he lost much of his sight. Neighbors and church family stepped up to help. Friends and neighbors helped to keep up the very large garden Louie shared with others. Louie's story involves many partnerships, with formal organizations joining with family, neighbors and church friends. In recent weeks the family has been providing 24/7 care and the community partnership has now expanded to include hospice. §



I found it is the small everyday deeds of ordinary folk that keep the darkness at bay. Small acts of kindness and love. — Gandalf (J.R.R. Tolkien - The Hobbit)

Help at a Vulnerable Time

When her husband of over 60 years passed away, Helen Bourne moved to Bellbrook, close to her daughter, Adriane Jett. Helen receives services from the Council to help with cleaning, personal care, and home-delivered meals. This help has relieved the stress of total responsibility from Adriane. Both she and Helen greatly appreciate

the Council's help. Adriane expressed her appreciation that the Council took the time to get to know them. She said having someone bring the meals 5 days a week gives her mom "a reason to get up and get dressed every day," and that "the help has made all the difference in the world." Adriane noted that the senior years are a very vulnerable time in someone's life and "you've made it a lot easier." Adriane said having someone coming to help her mom in the shower, along with the transfer bench provided by the Council, has helped Helen "relax and not be so afraid." §



Clothe yourself with compassion, kindness, humility, gentleness and patience. —The Bible
Kindness is a mark of faith, and whoever has not kindness has not faith. —Muhammad
Deeds of kindness are equal in weight to all the commandments. —Talmud

*No act of kindness,
no matter how small,
is ever wasted.*
—Aesop

Caring for Kin

Taking in a child is not a single event—the changes in your life ripple out. The immediate needs are clear: food, medical coverage, perhaps supplemental funds through Job and Family Services. These lead into longer term needs: day care, school, medical appointments. These changes go on to affect a caregiver's work and social life, but through it all there is an undercurrent of love.

Our Kinship Liaison assists with any of these changes, connecting caregivers with available programs, and lending a listening ear. §



*Do things for people not
because of who they are or
what they do in return, but
because of who you are.*
—Harold S. Kushner



Information & Activities

2019 was packed with events, programs, activities, & workshops for Greene County Seniors and Caregivers.

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|-------------------------------------|------------------------------------|
| Boomers & Beyond | Medicare Check-up & Wellness Event |
| Caring for Your Aging Parents | Memory Loss |
| Creativity Expo | Music and the Brain |
| Dementia/AD Input Forum | Parkinson's Disease Symposium |
| Drums Alive | PD Exercise & Dance Classes |
| Elder Panel | Planning for a Move |
| Festivals (Popcorn, Bean, Potato) | Senior Artisan Show |
| Fishing Excursion | Senior Euchre Tourneys |
| Healthy U (Pain, Chronic, Diabetes) | SeniorPalooza |
| Holiday Soiree | Senior Prom |
| It's My Money | Senior Recognition Luncheon |
| JamFest Fundraiser | Support Groups |
| Kinship | Tai Chi |
| Legal Chat | Yard Sale |
| Lunch 'n' Learn | Yoga, traditional & chair |
| Medicare 101 | Your Digital Estate § |

Sometimes it takes only one act of kindness and caring to change a person's life. - Anonymous



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| COMMUNITY PARTNERS |

Area Agency on Aging, PSA-2, Bellbrook-Sugarcreek Schools, Brentwood Builders, Cedarville U. School of Pharmacy, Cedarville U. School of Nursing, Fairborn Art Association, First Baptist Church of Kettering, Greene County Board of Commissioners, Greene County Historical Society, Greene County Library, Greene County Parks and Trails, Greene County Public Health, Greene County Residential Care Facilities, Greene County Senior Centers, Greene Memorial Hospital/Soin Medical Center, Jamestown Historical Society, Kettering Health Network, Ohio Senior Health Insurance Information Program, Pro Seniors, Social Security, Synergy Construction, WBZL/Real Roots Radio, X*ACT, Xenia Nazarene Church §



Committed to Greene County Seniors and Caregivers